The Hemophilia Center of Western New York (HCWNY) aims to be your first and best choice for health management of your bleeding or clotting disorder. We proudly specialize in diagnostic and clinical services, advocacy, education, community outreach and research initiatives for nearly 50 years.
Dear Friends and Families of the Hemophilia Center,

It was an exciting year for our Hemophilia Center in 2018 as our Board of Directors championed many new initiatives for the organization. We have CHANGED our name to Western New York BloodCare. This followed an aggressive marketing plan to transition to a name that better reflects all the patients we serve. We also decided to look for a new location for our Center which would place us closer to the Buffalo Niagara Medical Campus. We will be relocating to our new home at 1010 Main Street in late spring of 2019. This will improve access for our patients and providers to various specialists throughout medical corridor.

We welcomed Carolyn Farrell, a genetics counselor to our Comprehensive Team of Providers. Carolyn is a wealth of information for all of our patient types and helps our physicians with their genetic testing strategies. The Board has developed The Robert Long Career Development Award with the University of Buffalo and it was presented to Dr. Beverly Schaefer. This award will provide dedicated time for Dr. Schaefer to study non-malignant hematological disorders.

We have participated in a pilot study with the National Hemophilia Foundation to assist our home therapy patients with electronically logging infusions. We have also received grant funding to place tablets in the homes of therapy patients and link them to ATHN Aadvoy for ease of logging infusions. We are always looking for opportunities to improve the efficiency and effectiveness of managing our patients bleeding disorders.

Our HTC produced a video using the cast of characters from the clinic to explain the role of each member of the “Comprehensive Clinic” and a glimpse of the clinic day.

In October, we suffered the sudden passing of Rosemary “Penny” Holmberg, our former Executive Director of our HTC who had spent 40+ years leading our Hemophilia Community. The HTC has partnered with the University of Buffalo Medical School to fund a fourth year Fellowship in benign hematology respectfully called “The Rosemary “Penny” Holmberg Fellowship in Hemostasis and Thrombosis.

We look forward to many exciting changes in the coming year. We continue to thank you for allowing us to be of service to you and your medical care. Kindly visit our website and “LIKE” us on Facebook to stay connected.

Very Sincerely Yours,

Laurie Reger
Executive Director
Puberty on its own can be a difficult experience, but it can become even more complicated with a hemophilia diagnosis. The start of menstruation is one of the many aspects of a girl’s life that may be affected by a bleeding disorder. For girls who are showing symptoms of hemophilia, puberty may be a good time to identify a health care team and develop a care plan.

Identifying a Health Care Team

The lack of knowledge about how hemophilia impacts girls can affect the level of medical care and emotional support received by a girl with this condition. It may be recommended that a girl who is diagnosed with hemophilia wear a medical identifier at all times so that medical personnel are aware of her bleeding disorder in an emergency. It is important for every female with hemophilia to enlist a team that includes a primary care physician, a gynecologist, and a hematologist who can coordinate care and needs.

Tools that can help girls manage symptoms include:
- Care plans designed for patients by their team of health care providers to help facilitate care coordination
- Apps that allow patients to track their hemophilia symptoms and care
- Self-monitoring assistance for better symptom accuracy

Heavy Menstrual Bleeding

Periods with heavy blood loss (called menorrhagia) can lead to anemia and have a negative effect on quality of life. Girls with bleeding disorders who are experiencing symptoms of menorrhagia should have a discussion with their health care team in order to coordinate management and care.

The signs and symptoms of menorrhagia include:
- Having a menstrual period that lasts longer than 7 days
- Needing to change pads or tampons at least every 2 hours
- Passing blood clots larger than a quarter
- Bleeding that affects daily activities

“I am a true testament to the fact that factor replacement therapies can help when it comes to being a woman with hemophilia. Not only do we have to deal with the joint bleeds that men do, but we also have specific issues as women.”

- ELIZABETH

Tips for Parents

Parents of a girl with a bleeding disorder can ease their daughter’s transition into puberty by preparing her for the experience of having periods and helping her learn how to manage them. It can also be helpful for parents to ensure that a supply of feminine products is available and provide a way for their daughter to carry the products discreetly if needed. Parents can also help by providing honest, accurate information about menstruation and the impact hemophilia may have.

The beginning of menstruation, which can already be a confusing and demanding time in the life of any girl, brings special concerns for those showing symptoms of hemophilia. It’s important for girls to talk with health care providers and caregivers about their periods, especially if bleeding becomes heavy.
Laurel Reger
Executive Director

Lauren Lewis, Executive Assistant and Compliance Officer

Michelle Dunn
Finance Manager

Stacie Lesinski
Senior Biller

Jessica Wulf
Social Work

Karen Kovach
Laboratory Manager

Laurel Reger

Rose Ritchie
Product Coordinator

Renee Czarniak
Medical Technologist

Michelle Acosta
Research Coordinator

Andrea Rimbeck
Medical Secretary/Reception

Michele Burgwin, Community Outreach Coordinator

Joan Wagner
Phlebotomist and Clerk

Linda Belling
Nurse, Clinical Program Coordinator

Dawn Harrison
Family Nurse Practitioner

Angela Ciraolo, RN, BSN
Nurse

Julia Thiel, RN, BSN
Nurse

Dr. Adam Kotowski
Adult Medical Director

Dr. Shilpa Jain
Pediatric Medical Director

Dr. Beverly Schaefer
Pediatric and Young Adults

Dr. Steven Ambrusko
Pediatrics

Dominque Safar-Riessen
Pediatrics Physical Therapist

Gene Wojcinski
Adult Physical Therapist

Geoffrey Zelinski
Pharmacist

Erin Burch
Dietitian

Mary Beth Dunn
Dentist

Daniel Ford
James Miller
Physician Assistants

Kristina Wienckowski
Denise Leo
Reception

Dr. Carolyn Farrell
Genetics

Timothy Mahoney
Dentist

Robert Long
Chairman

Dr. Marcia Gellin, Ed.D
Vice President

Michael Cimato
Secretary

John Long
President

Karim Kubicki
Treasurer

Thomas Long
President

Mary Haggerty
Assistant Vice President

Dr. Beverly Schaefer
Pediatric and Young Adults

Dominique Safar-Riessen
Pediatrics Physical Therapist

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Dentist

Daniel Ford
James Miller
Physician Assistants

Kristina Wienckowski
Denise Leo
Reception
UB Partnership
This past year, the Hemophilia Center of WNY awarded the Jacobs School of Medicine and Biomedical Sciences at the University at Buffalo a grant aimed at addressing a shortage of physicians who specialize in treating non-malignant blood disorders. The grant establishes the Rosemary “Penny” Holmberg Hemostasis and Thrombosis Clinical Fellowship in nonmalignant hematology at UB. It provides one to two years of fellowship training in advanced medical management of patients with complex bleeding and thrombotic disorders. Beverly Schaefer, MD, clinical assistant professor of pediatrics in the Jacobs School and attending pediatric hematologist/oncologist at Roswell Park Oishei Children’s Cancer and Blood Disorders Program, will serve as program director.

In 2018, The Robert Long Career Development Award has also been established. Named after our Board Chairman and Founder, this award would serve as an investment in a junior physician or scientist who would be dedicated in fostering advanced research, facilitating training for medical professionals and providing expert care to patients over five years. This program is yet another step in addressing and ensuring the highest level of care for local patients and families affected by Hemophilia and other bleeding and clotting disorders.

Research
The Hemophilia Center of WNY offers our patients the opportunity to participate in various research studies. These studies are integrated with patient care, while aiming to improve the overall understanding of health issues of people with bleeding disorders. We hope that these projects will enable us to keep blood disorders at the forefront of scientific research and for us to become better advocates for our patients.

2018 Medical Research Update
Patient enrollment in the Community Counts Program continues for the fourth year for patients who have Hemophilia A, Hemophilia B, Von Willebrand Disease, and certain rare clotting factor disorders and platelet disorders who receive care in a hemophilia treatment center. This public health monitoring program is led and funded by the Centers for Disease Control and Prevention (CDC) with the aim to collect and share information on health issues and complications associated with bleeding disorders. The program is made possible through the partnership with the American Thrombosis and Hemostasis Network and the U.S. Hemophilia Treatment Center Network.

This year, we completed enrollment for research projects specifically for women with heavy menstrual bleeding. We look forward to the results gathered from these projects so that we could incorporate better tools to accurately diagnose and treat our patients. As well, the goal of these projects is to ultimately improve quality of life for these women at their home, school, and/or workplace.

As always, we are grateful for our patients’ willingness to participate in these programs and expressing to us their desire to advance research and help future generations.
In 2016, the Hemophilia Center of WNY formed a task force comprised of administrative and clinical staff, board members and patients to discuss the future of our Hemophilia Treatment Center. The purpose of the committee is to ensure that the center is positioned to provide high quality care for our patients, improve convenience and access to care and reduce the cost of care to our patients and payors.

Our activities in 2018 include:

- We collaborated with the large, well regarded Indiana Hemophilia and Thrombosis Center to exchange ideas on the delivery of care.
- Began efforts to evaluate conversion of our Electronic Records System to one that is being implemented by a major medical school and large health system in Western New York.
- Began evaluation of acquisition of Ultrasound equipment to improve patient care and convenience.
- We are pursuing the development of telemedicine capabilities to improve patient care, convenience and access. This includes evaluating expansion into new lines of service to improve levels of care.
- Began development of a Value Proposition to articulate the value that patients receive by receiving care at our facility.
- Evaluating the changing landscape of service delivery and reimbursement models.
- Provide information to our staff, providers and board to ensure we have a common understanding of challenges and opportunities treating Hemophilia and bleeding disorders face in the future.
In October 2018, we lost a pioneer of the Hemophilia Center of Western New York, Rosemary “Penny” Holmberg. The unexpected passing of our former Executive Director has left the bleeding disorders community with great sadness and a heavy heart.

Penny’s contribution to our Hemophilia Treatment Center and influence on our patient’s lives over 40 years is immeasurable. In the early 1970s she was an integral piece in starting a home infusion program for patients and provided education to families and/or parents. She taught venipuncture skills and even let them practice on her! This later became one of the first home infusion programs in the country.

In honor of Penny’s legacy the Hemophilia Center of WNY partnered with University at Buffalo to create the Rosemary “Penny” Holmberg Hemostasis and Thrombosis Clinical Fellowship program. The program is composed of two parts, Clinical Care and Research and will provide training in advanced medical management of patients with complex bleeding and thrombotic disorders. The Fellowship Program will be integrated into the hematology/oncology program at Roswell Park Comprehensive Cancer Center and the pediatric hematology/oncology fellowship training program at the University at Buffalo and Roswell Park.

Penny’s lifetime of dedication to our Hemophilia Treatment Center and the bleeding disorders community will never be forgotten. Truly a pioneer and hero to many, without Penny’s hard work we would not be the Center we are today.

S.H.E. Clinic
Focus on girls’ and women’s health

The S.H.E. Clinic, Specialized Hematology Experts, a branch of the Hemophilia Center of WNY, is a medical home for girls and women at every stage of their lives. Its purpose and commitment is to provide awareness, diagnosis and treatment for girls and women with bleeding and clotting disorders. Bleeding issues in adolescent girls and women very often are overlooked or misdiagnosed by doctors, nurses and/or family. Because menstruation and childbirth present unique challenges for the medical community, it is estimated that there is up to a 30% prevalence of underlying bleeding disorders in women presenting with heavy menstrual bleeding. Consequently, specialized treatment options may not be made available. Correct diagnosis and effective treatment, on the other hand, could improve one’s quality of life. Underlying bleeding disorders can lead to impairment of daily activities such as school and/or work absenteeism. In addition, women may develop anemia or be diagnosed as anemic due to chronic menstrual blood loss. Heavy menstrual bleeding is defined as periods that last seven days or more, soaking more than one pad every two hours, and passing clots larger than the size of a quarter. Other possible signs include bleeding episodes after childbirth or miscarriage, surgery or tooth extraction.

It’s a simple blood test! Knowing can improve the quality of your life. The S.H.E. Clinic is a medical home for girls and women at every stage of their lives, dedicated to the awareness, diagnosis and treatment of girls and women with bleeding disorders.

Knowing whether or not there is a family history of bleeding or a diagnosed bleeding disorder can lead medical professionals to a correct diagnosis and appropriate treatment more quickly. A simple blood test can confirm a diagnosis. The S.H.E. Clinic is under the expertise and direction of Dr. Shilpa Jain, a pediatric hematologist, and Dr. Shaveta Malik, a gynecologist treating pediatric and adult patients and an expert in reproductive health.

S.H.E. Clinic services include provision of hematology evaluation, an on-site specialty coagulation lab, gynecology, and contraception.

For additional information, visit us at hemophiliawny.com or call the S.H.E. Clinic at 716-896-2470.
Carolyn Farrell, PhD, MS, BS, WHNP-BC, RN, GC-BC recently joined the Hemophilia Center of WNY (HCWNY) team to provide and address genetic evaluation, risk assessment, education, counseling and testing for individuals and families affected by, or at risk for, inherited or genetically-associated bleeding and clotting disorders. Her current priorities are focused on facilitating appropriate genetic/genomic testing for patients, fostering development of policies for coverage by third party payers, integrating a software program to create and update genetic pedigrees (family trees), and support priorities of HCWNY and its professionals. Carolyn is very pleased to be part of our team, and the obvious collaborative spirit, expertise, professionalism and commitment of every member to knowing, caring for every patient and family.

Dr. Farrell has been involved in clinical genetic services, research, counseling and education for over 25 years. She was Director of the Clinical Genetics Service (CGS) at Roswell Park Cancer Institute in Buffalo for almost 20 years. Carolyn's other professional genetics positions included: Coordinator of a Teratogen Information Service, Genetic Consultant & Counselor for the MDA Adult & Pediatric Neuromuscular Diseases Clinics at Erie County Medical Center and Buffalo Children's Hospital (now Oishei Children's Hospital), and Genetic Counselor with the Children's Hospital Medical Genetics Service.

Dr. Farrell's educational background includes receiving her PhD in Healthcare Genetics from Clemson University in South Carolina. Her PhD research focused on examination of direct-to-consumer genetic testing, people's reasons for & value of testing results, and fostering healthcare policy development to allow for insurance coverage of genetic testing for susceptibility and risk assessment. Carolyn earned her Masters degree from UB (School of Nursing, Nurse Practitioner in Women's Health), with a special concentration in human genetics that required a trail-blazing initiative to design and secure required special authorizations for Medical/Human Genetics with the UB Medical School. She continues to hold a faculty teaching position locally as Adjunct Professor at UB School of Nursing, as well as, past faculty positions including Associate Clinical Professor at Daemen College (where she developed the genetics course for their DNP program, plus providing lectures for other courses) and as an instructor at D'Youville College in their Physician Assistant Program.

In addition to the Hemophilia Center of WNY, Dr. Farrell is also currently working as a Genetics Consultant, with the Director of the Genomics, Environment & Microbiome (GEM) Community of Excellence at UB, to design & develop a Masters degree Genetic Counselor Program. This proposal was approved by the UB Graduate School, and is planned for submission later this year to SUNY.

Among other honors and accomplishments, Dr. Farrell is a Board-certified Genetic Counselor and Board-certified Nurse Practitioner (Women's Health, NAACOG Certification Corporation). Dr. Farrell was selected for a three-year Robert Wood Johnson Executive Nurse Leader Fellowship, was a President of the International Society of Nurses in Genetics (ISONG), has received awards for Outstanding Service in healthcare, has authored many publications, and has lectured internationally, nationally & locally.

Carolyn and her husband, the Honorable Mark Farrell (retired Judge, Town of Amherst), reside in Williamsville, NY. They have three wonderful daughters and sons-in-law and six beautiful grandchildren who bring boundless energy and joy to their lives. Carolyn also enjoys music, plays, any mental challenge or puzzle, adventures, including spelunking and recently jet-boarding!

When asked about her philosophy on clinical genetics and genetic education for healthcare professionals, Carolyn states, “Genetics touches everything.” She feels strongly that all healthcare providers should learn about genetics because increasingly these factors make a difference not only to diagnoses, medical management and treatment choices, but importantly to identifying health risks and ability for prevention and/or early identification strategies. Furthermore, genetics and genomics are increasingly accessible, and of interest and having health value to the general public.
Albany Days - March 18th and 19th, 2018

As a member chapter of the New York State Bleeding Disorders Coalition, we unite with other New York State chapters in Albany annually to advocate for the needs of the bleeding disorders community. Individuals and families are encouraged to participate in this legislative day.

Prior to the session, attendees receive training and become more familiar with speaking about the issues. They then meet with their legislators (or representatives) to express their views. Throughout the event, families learn more about the legislative process and meet other families navigating through the same health care issues.

In 2018, our community advocates met over 40 legislative offices in support of a bill reforming the 2011 Anti-Mandatory Mail Order law. The bill as written unfortunately contains a loophole allowing health insurance companies and Pharmacy Benefit Managers to force patients on certain medications to use mail order pharmacies for medications, which doesn’t always work for patients. The advocates also succeeded in passing a resolution declaring March as bleeding disorders awareness month.

Washington Days - March 7th - 9th, 2018

Washington Days is a unique, annual opportunity together with the National Hemophilia Foundation, for local bleeding disorder chapters to advocate nationally for issues important to the bleeding disorder community.

Participants have the opportunity to meet face-to-face with lawmakers and staff who shape national healthcare policy, and become more informed on critical issues that affect continued access to quality care and learn grassroots advocacy techniques. In 2018 Washington Days had more than 500 volunteer advocates from 47 states that met with legislators and staff to discuss maintaining key patient protections in the Affordable Care Act (ACA).

We had two main requests for the members of Congress:

1. Maintain access to care. Support federal hemophilia programs at the Centers for Disease Control and Prevention (CDC) and Health Resources and Services Administration (HRSA) to ensure access to care for people with bleeding disorders.
   - HRSA Maternal and Child Health Bureau (MCHB) Hemophilia Program, which provides funding to Hemophilia Treatment Centers and allows participation in the 340B Program, which supports the comprehensive care model.
   - CDC Division of Blood Disorders, which supports critical surveillance and prevention activities.

2. Maintain access to insurance. Support federal standards for public and private insurance so that patient protections and access to insurance is maintained.
   - For private plans: maintain current pre-existing conditions policies, the ban on lifetime and annual limits, and federal standards for essential health benefits.
   - For Medicaid: maintain the Medicaid expansion and oppose state waivers that could threaten meaningful coverage.
The Hemophilia Center of WNY is committed to compassionately caring for patients, their families and our unique community. In addition to providing state-of-the-art medical care, we are proud to offer a vast range of supportive programs and services. The Hemophilia Center of WNY is a Chapter of the National Hemophilia Foundation and the following is a summary of our events we’ve successfully accomplished this year.

‘Steps for Living’ Jeopardy- This versatile game engaged teens and families, and everyone went home with new information on bleeding disorders…unless they’re already experts!

Buffalo Science Museum Camp-In- SHIRE sponsored dinner presentation, ‘Genetics & You’, followed by an exciting overnight at the Buffalo Museum of Science where children participated in crime investigation science experiments.

Couple’s Retreat- In collaboration with Mary M. Gooley Hemophilia Center, this was an overnight program for couples affected by a bleeding disorder. Patients and their loved ones were able to connect with others for education and support and share experiences.

New Patient Summer Social- Sponsored by CSL Behring & Bioverativ

20th Annual ‘Friends Making a Difference’ Golf Tournament- All proceeds are donated to the HCWNY Foundation.

Women’s Event- A relaxing afternoon for women affected by a bleeding disorder, education on women’s health and bleeding, as well as, a Tai Chi session.

Patient Appreciation Day- Bison’s Game at Coca-Cola Field

‘In My Blood’ Awareness Walk- Annual bleeding disorders awareness walk. The walk raises awareness about hemophilia and bleeding disorders in addition to providing a healthy community activity for our patients, their friends and family.

Healthcare Insurance Workshop- Sponsored by SHIRE. This program provided patients with the information needed to help make informed decisions about healthcare insurance. The program included an overview of insurance options, information to help navigate transitions that impact coverage, and the information necessary to respond to insurance denials of coverage.

Transition Ignition- Bayer sponsored. Interactive program at Holiday Valley’s Sky High. Transition patients were invited to participate in an aviary course, as well as, listen to presentations about the responsibility of transferring from a pediatric to adult patients.

HCWNY Foundation Holiday Party- Patients, family and staff celebrated the holidays with Santa and bowling at the AMF Airport Lanes.

See you in 2019!
National Hemophilia Foundation’s Annual Meeting- October 11th-13th, 2018 in Orlando, Florida

The National Hemophilia Foundation’s Annual Meeting is a three-day educational experience that is designed to support the entire bleeding disorders community. It is not just the individuals affected by bleeding disorders; it is parents and their children; the integrated medical team who care for them; the chapter staff and volunteers who support them.

We know that the bleeding disorders community is varied and diverse – from the adult men with hemophilia to the children with a new factor deficiency; from the new chapter leaders to the seasoned physicians and researchers – all come together for one purpose: to enrich their understanding of bleeding disorders, and to connect with each other.

Each year HCWNY staff and patient families attend. They come back refreshed and recharged- full of new ideas! Below you will find ‘a staff member's perspective’ of this year’s event.

Angela, RN, BSN- “What I liked most about NHF was that I left with a renewed sense of purpose for what I do as a nurse in this specialty. It helped me understand the true impact of bleeding disorders on our communities and countries around the world. I look forward to the amazing advancements coming our way such as gene therapy and new drugs for prophylaxis.”

Michele, Community Outreach - “Bombadier Blood is a documentary on Chris Bombadier, an experienced mountaineer with Hemophilia B who is the first and only hemophiliac to successfully climb the seven summits on Mount Everest. This film was so well done. Watching it you truly get a feeling of the impact a bleeding disorder has on everyday life. Additionally, the importance of treatment is reinforced when meeting those in the bleeding disorder community in Nepal. The work he does with the Save One Life foundation is so significant.”

Gene, Physical Therapy- “One session I thought was important was “Let’s Talk About Sex, Baby”. This was one of the teaching items I felt was important when constructing Physical Therapy guidelines. A lot of people are unaware of the possibility of bleeds or the complications that could result from a bleed as a result of sex. This session at NHF helped me to feel more comfortable when discussing this topic with patients.”

Stacie, Billing - “The HIV/AIDS Remembrance provided different viewpoints from four members of the hemophilia community. It really gave me a new perspective of what it was like to live during an era and still be thriving today. This community continues to change the landscape of HIV and bleeding disorders. There is such immense knowledge and history within the survivors.”
In 2014, the HCWNY Foundation was established to provide financial assistance and support to families in the Western New York community. The Board of Directors of our Hemophilia Treatment Center (HTC) felt a strong desire to work more vigorously toward it’s mission and the population they serve.

Mission
The HCWNY Foundation works to provide support through financial and educational assistance in collaboration amongst individual families and organizations throughout the bleeding and clotting disorder community.

“Friends Making a Difference” Golf Tournament
Our “Friends Making a Difference” Golf Tournament, held each July, was a tremendous success for the 20th year in a row! The tournament, held at Chestnut Hills Country Club in Darien, NY raised nearly $8,000.00 for the HCWNY Foundation. All proceeds will go directly back into the bleeding disorders community through our scholarship, camperships, and compassionate care programs. We are looking forward to another successful event, in July 2019! For more information on our golf tournament contact us today.

Scholarships
The mission of the HCWNY Scholarship Program is to provide a better quality of life for individuals affected by bleeding and clotting disorders by awarding financial assistance for advanced education and training, leading to employment and access to health insurance. Jessica Wulf, our Social Worker coordinates the Scholarship Program, with the support of a Scholarship Committee, and is available to answer any questions. Additional information can also be found on our website: www.hemophiliawny.com.

2018 Scholarship Recipients:
• Jacob Aguglia  • Jeremy Kocsis  • Rebecca Gilman  • Reuben Sass
• Samuel Cimato  • Ibrahim Soliman  • Taylor Hunter

Camperships
The HTC can help sponsor pediatric patients, who are compliant, to attend a bleeding disorder camp. In 2018 we sponsored four campers! Patients will learn to infuse, as well as, bond with other kids in a safe and fun environment. These camps include: Camp High Hopes, Camp Little Oak, Camp Hot-to-Clot in New York State and Pennsylvania.

Patient Assistance
Throughout the year we were able to offer support to those in need through our Compassionate Care initiative. We were able to provide support to eight patients this year through this program and provided $23,000.00 in funding for those individuals. This foundation assistance program aims to help our patients that may be experiencing financial difficulties with high medical bills, outstanding balances, and a variety of other issues.
2018 FINANCIALS

WHAT’S ON THE HORIZON

We’re changing our name!
We have long diagnosed and treated patients with many types of bleeding and clotting disorders; Hemophilia is only part of what we do. In fact, our patient population is comprised of individuals with a broad spectrum of blood disorders. WNY BloodCare better reflects the population we treat and services we provide.

Our specialty Hematologists, Laboratory and Specialty Pharmacy offer services to a wide group of patients with diverse care requirements. Trust us at WNY BloodCare to care for your blood related needs.

Relocation
In addition to our name change we’re moving! In Spring 2019, Western New York BloodCare will be located at 1010 Main Street, Buffalo, NY 14202. Soon to be in the heart of the Medical Campus, we are looking forward to better meeting the needs of our patients and the bleeding disorders community. An open house will be planned for community members, health care professionals and legislative officials to attend.
For adults and children with hemophilia A

REACH HIGHER
With the Long-lasting Protection of AFSTYLA

2x WEEKLY
FDA approved for dosing 2 to 3 times a week

ZERO BLEEDS (median AsBR*)
Regardless of age and dosing schedule

ZERO INHIBITORS
In previously treated people

AFSTYLA was studied in 258 adults, adolescents, and children—the largest hemophilia A pivotal trial program to date

*AsBR=Annualized spontaneous bleeding rate.

Important Safety Information

AFSTYLA is used to treat and control bleeding episodes in people with hemophilia A. Used regularly (prophylaxis), AFSTYLA can reduce the number of bleeding episodes and the risk of joint damage due to bleeding. Your doctor might also give you AFSTYLA before surgical procedures.

AFSTYLA is administered by intravenous injection into the bloodstream, and can be self-administered or administered by a caregiver. Your healthcare provider or hemophilia treatment center will instruct you on how to do an infusion. Carefully follow prescriber instructions regarding dose and infusion schedule, which are based on your weight and the severity of your condition.

Do not use AFSTYLA if you know you are allergic to any of its ingredients, or to hamster proteins. Tell your healthcare provider if you previously had an allergic reaction to any product containing Factor VIII (FVIII), or have been told you have inhibitors to FVIII, as AFSTYLA might not work for you. Inform your healthcare provider of all medical conditions and problems you have, as well as all medications you are taking.

Immediately stop treatment and contact your healthcare provider if you see signs of an allergic reaction, including a rash or hives, itching, tightness of chest or throat, difficulty breathing, lightheadedness, dizziness, nausea, or a decrease in blood pressure.

Your body can make antibodies, called inhibitors, against FVIII, which could stop AFSTYLA from working properly. You might need to be tested for inhibitors from time to time. Contact your healthcare provider if bleeding does not stop after taking AFSTYLA.

In clinical trials, dizziness and allergic reactions were the most common side effects. However, these are not the only side effects possible. Tell your healthcare provider about any side effect that bothers you or does not go away.

Please see full prescribing information at AFSTYLA.com.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.
We strive to help improve the lives of people with hemophilia

For 30 years, Novo Nordisk has been a driving force for people living with rare bleeding disorders. We take pride in striving for innovative solutions to help improve patients’ lives. This motivates us to uphold the highest standards in our product research and development. This vital research is just the beginning of our commitment in hemophilia.

Through the B-HERO-S study in hemophilia B, we uncovered unmet needs around the impact of hemophilia on education, employment, activities, and other aspects of the lives of patients and their families.

We will continue our research and connect with patients and health care professionals to ensure we understand and respond to the specific needs of the hemophilia B community.

With a rich history, Novo Nordisk remains at the forefront of discovery. We are poised to continue to develop innovative solutions that can help improve the lives of patients with hemophilia in the future.

*B-HERO-S = Bridging Hemophilia Experiences, Results and Opportunities into Solutions. A U.S. survey of 449 people.*